

Psalmists Overview Cheat Sheet



The 150 psalms of the Bible were written by at least seven people over the centuries from Moses to Solomon and beyond. Most of the psalms (101) are attributed to an author or group of authors, but nearly a third (49) are anonymous.

David. Shepherd, giant-slayer, king, and “man after God’s own heart.” His songs span radiant praise (8, 145), anguished lament (13, 142), raw repentance (51), and royal prophecy (110).

Use it: Pray Psalm 73, then journal present-day injustices and how God’s sanctuary reshapes perspective.

Asaph. Chief musician in David’s choir, keeper of temple worship. Asaph wrestles with national crisis, asking why the wicked prosper (73) and pleading for revival (80).

Use it: Pray Psalm 73, then journal present-day injustices and how God’s sanctuary reshapes perspective.

Sons of Korah. Descendants of a redeemed rebel line turned worship team. Themes of Zion’s beauty (84), secure refuge (46), and yearning for God (42–43).

Use it: Have each group member finish the line “My soul longs for...,” echoing Psalm 42:1.

Solomon. Wisest king, temple builder, and proverb author. Psalm 72 prays global blessing over the Messianic king; Psalm 127 extols dependence on the Lord for work and family.

Use it: Read Psalm 127 aloud before a team project or family planning session.

Ethan the Ezrahite. Grandson of Judah’s line, famed sage surpassed only by Solomon. Psalm 89 exalts God’s covenant love, then plunges into unanswered lament.

Use it: Map the psalm’s turn from praise to protest and use it as a template for honest prayer.

Moses. Wilderness leader and law-giver. Psalm 90 contrasts human brevity with God’s eternity, pleading for wisdom to “number our days.”

Use it: Begin a new year or season by reading Psalm 90 and drafting a simple “rule of life.”

Heman the Ezrahite. Ethan’s brother, temple singer, author of Scripture’s darkest lament—no resolved ending, yet still addresses “God of my salvation.”

Use it: Invite the group to voice unanswered prayers, assuring them lament has a place in worship.

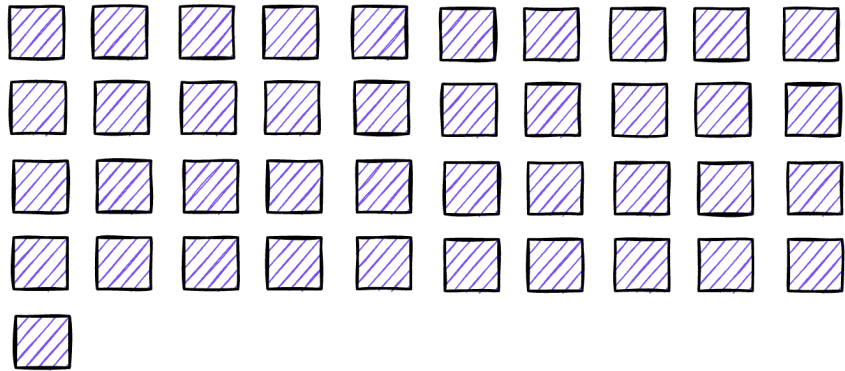
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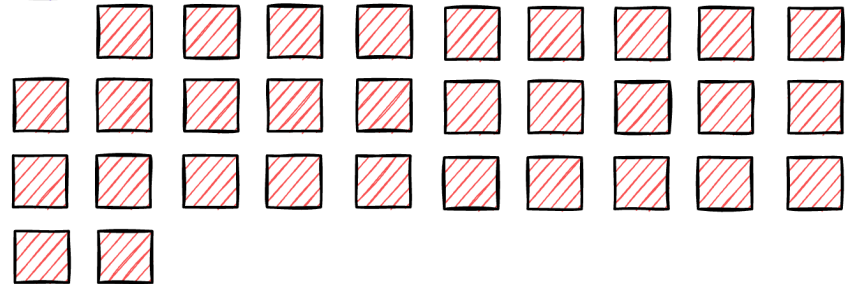
Author	# of Psalms	Typical Themes	Discussion Hook
David	73	Trust, repentance, kingship	How do honesty and introspection fuel worship?
Asaph	12	Communal lament, justice	Where do you see, “Why do the wicked prosper?” today? (Psalm 73)
Sons of Korah	11	Zion, longing for God	What modern spaces feel like “course of the Lord” to you? (Psalm 84)
Solomon	2	Royal blessing, legacy	Pray Psalm 127 over your family or a project.
Moses	1	Mortality versus eternity	If you numbered your days, what would change this week?
Ethan	1	Covenant and crisis	How do we speak hope when promises seem broken?
Heman	1	Unrelieved darkness	How do we respond when God is silent?

Organizing the Psalms By Book

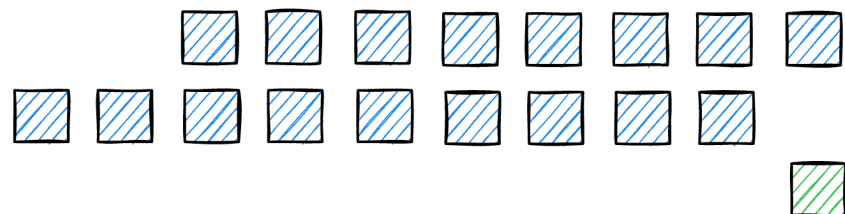
Book 1
1-41



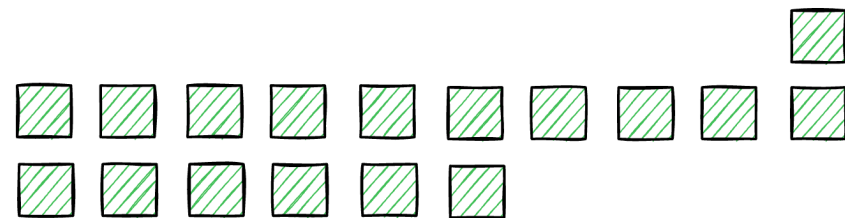
Book 2
42-72



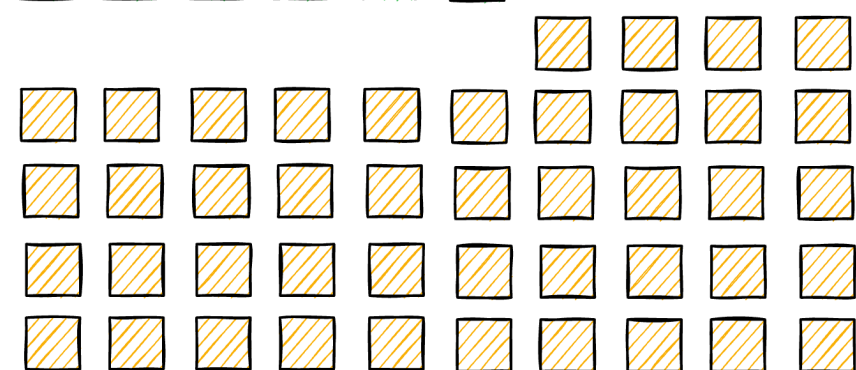
Book 3
73-89



Book 4
90-106



Book 5
107-150



Organizing the Psalms By Author

